



Parents & Guardians Guide to Telehealth in School-based Services

Telehealth is the delivery of educational, medical, or therapeutic services through video conferencing technology.

- ❖ The student is in one location, typically in the home, and the clinician is at a distant location.
- ❖ The educational support or intervention provided does not change; the quality of care remains the same.

We are dedicated to providing individualized quality services through telehealth according to your child's IEP.

❖ Your child will continue to work toward meeting their IEP goals.

❖ Telehealth can include:

- Counseling and guidance sessions
- Parent counseling and training
- Providing positive behavior support to the family
- Virtually guided academic work

❖ Clinicians complete sessions notes, required documentation and coordinate with your child's IEP team.

LifeSize Cloud

- ❖ Because confidentiality is important we use a FERPA and HIPAA compliant platform to deliver telehealth, LifeSize Cloud or your school district's preferred platform.
- ❖ Your clinician will provide you with information on how to connect.
- ❖ You'll need a reliable internet connection and an electronic device. Any of the following will do:
 - Smartphone
 - iPad or tablet with a video camera capabilities
 - Laptop/Desktop computer with a webcam

We'll provide you with support to ensure you are setting your child up for success. In general you'll want to:

- ❖ Select a place in your home that is well lit and has strong internet connection.
 - Light sources that are behind your child will prevent the clinician from seeing your child's face.
- ❖ Be sure it is free of distractions and limit background noises such as pets, devices, etc. This will support your child's success.
- ❖ Your clinical staff will communicate with you regarding materials that may be needed (e.g., typical school supplies). Please have them available and ready.
- ❖ Depending on the type of service, it may be best to remain close by during sessions to assist your child if needed.